

# National PI/CPC Patter

## OCTOBER 2022



The New National PI/CPC Patter is a Newsletter with some of the PI/CPC news and service from around AUST.AA



# National PI/CPC Patter

Our 12th step, carrying the message, is the basic service the AA Fellowship gives, this is the principal aim and the main reason for our existence, Therefore, AA is more than a set of principles, it is a society of alcoholics in Action.

We must carry the message, else we ourselves can wither and those who haven't heard the truth may die.

Brisbane North District have been posting adds in many magazines - Your Life, Islands and Surrounds, Sentinel news to name a few

1300 helpline cards and card holders at many community noticeboards

Information packs, 1300 helpline card and Is Drinking costing you more than money posters at Coles, IGA's, Laundromats Ambulance Stations and Police Stations

...reusing items such as old sheets and clothing into furnishings is a sustainable way to display your personal style without breaking the bank.  
"If your favourite dress or t-shirt is a bit worse for wear, you can turn it into the start of a cosy rug or cushion," Ms Fensson said.  
"Some of our most popular workshops at The Nest Community are teaching people how to make rugs from rags and to crochet cushions from old t-shirts. It's a great way to reduce textile waste and create unique items for your home. A rag rug can be any shape or size, so you can jazz up your living space, bedroom or even bathroom, depending on the amount of old fabric you have around the house."



Rag rugging is a sustainable textile craft in several countries. Rugs can be braided, woven, knitted or crocheted depending on the crafter's preference. In Sweden, a small, traditionally made rag rug can sell for hundreds of Euros.  
"We have those t-shirts we can't wear out of the house anymore but we can't bear to part with. A t-shirt crochet cushion is a great way to give our old shirts a new life," Ms Fensson said.  
"The process of t-shirt crochet is exactly like ordinary crochet except with a larger hook, so once you have the basic skills, you can apply them to any crochet project."  
The Nest Community offers regular workshops to teach the skills of making rag rugs and t-shirt crochet cushions. For those wanting to preserve the visual or functional aspects of an old clothing item, there are also regular 'Fashion Revival' sessions and quilting classes.  
"Our aims at The Nest Community are to share skills, create community and to encourage people to live more sustainably. In Australia we throw out tons of textiles each year, so learning a skill to make use of old clothing is a wonderful way to reduce waste and save you money."  
The Nest Community is located at 720 South Pine Rd Everton Park. Our Haberdashery Craft Thrift Store is open Monday to Saturday. Visit <https://www.nestcommunity.org.au> to find opening hours and upcoming craft workshops.

One of the Nest's Rag Rugging workshops in action

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A Rag Rug in progress at the Nest Community

**Is drinking costing you more than money?**  
Don't suffer any longer...  
there is hope... Call Alcoholics Anonymous 1300 22 22 22

**Alcoholics Anonymous**  
DRINKING PROBLEM ???  
PERHAPS WE CAN HELP  
1300 22 22 22  
AA AA AA

**AI R BOXING**

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The Inner City District have initiated a Radio campaign with SEN and a AA announcement is being heard continuously throughout August and September in Melbourne

Melbourne Men's Group have distributed 50 PI Packs to professional around the Albert Park Area

There was a Luncheon at Mt Ommaney Conference centre attended by the local treatment centres and Steven Jurd was in attendance speaking on the Cochrane report There will also be a Professional awareness Luncheon in Maroochydore on Oct . the 11th

Area A in the Central Region has been active in the Northern Districts with PI Packages of AA Business cards, AA stickers, AA posters going to many towns

In Macarthur District posters, pamphlets and AA helpline cards get distributed to Medical, D & A, youth mental health & Aboriginal centre's

The Posters and cards they print themselves and the back of the cards has the local meetings lists, they have a FB page and sign on Narellan rd. with a local contact that is rotated on a monthly basis

Rosie from Area B Central Region has produced a letter with Stephen Jurd recommending AA

The letter is attached on the Next page with a link to the Cochrane Report

## An Open Letter to Health Professionals

Dear Colleagues,

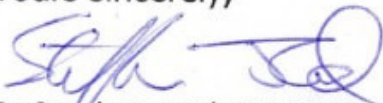
Alcohol use disorder and issues associated with heavy drinking are routinely identified across many disciplines and continue to pose a hazard to many patients and their families. Please keep in mind that a referral to Alcoholics Anonymous can be a life-saving event.

In March 2020, The Cochrane Review was able to document, from 21 randomised controlled trials, that the clinical process of Twelve Step Facilitation increases engagement in Alcoholics Anonymous. It also showed that engagement with AA was more often enduringly effective than comparable interventions, resulting in substantial health economic dividends.

Simple referral to Alcoholics Anonymous will produce results. Developing a clinical system which educates patients about AA and encourages them to engage with AA has been demonstrated to be as or more effective than other systems and to produce measurably cheaper outcomes.

A link to the Cochrane Review is below. Sober members of AA are willing and eager to provide further information and literature. Just contact your local AA office.

Yours sincerely,



Dr Stephen Jurd *MB BS FRANZCP FACHAM*

Chairman, The Sydney Retreat and  
Honorary A/Prof, Macquarie University

Scan for the Cochrane  
Review



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A4 posters available from GSO  
Lyell Mac. Public Hosp. and Adelaide CBD



A5 posters created by our Gold Coast DCM



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*"To reach more alcoholics,  
understanding of AA and public  
goodwill towards AA must go on  
growing everywhere. We need to  
be on still better terms with  
medicine, religion, employers,  
government, courts, prisons,  
mental hospitals and all  
enterprises in the alcoholic field.  
We need the ever-increasing  
goodwill of editors, writers,  
television and radio channels.  
These publicity outlets need to be  
opened ever wider."*

**Bill W (Our co-founder) 1951**

All of AA is voluntary , no one is paid for there 12 step work or Service, it is for our own recovery we take the steps and pass on, AA service is our chance to repay what we have been given, if anyone wants information and wishes to know more please contact myself at [aanationalpiandcpc@gmail.com](mailto:aanationalpiandcpc@gmail.com) or your Local CSO, District or Area

In Unity and Service ,  
Rob C  
National PI/CPC Coordinator